

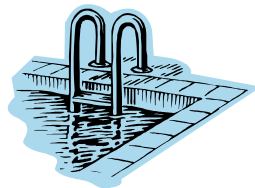

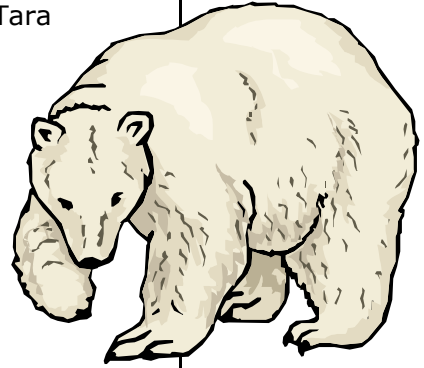


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	7:00 AM Masters Swim Shannon	 9:00 AM AQUA FIT Tara	7:00 AM Masters Swim Shannon	9:00 AM AQUA FIT Angy/Tara	9:00 AM CARDIO CHALLENGE Aqua Staff
9:00 AM AQUA FIT Angy	9:00 AM DIGGING DEEP Tara	10:00 AM AQUA FIT Tara	9:00 AM DIGGING DEEP Peggy	10:00 AM AQUA FIT Angy/Tara	10:00 AM ALL ABS Aqua Staff
10:00 AM WATERWORKS 101 Peggy	10:00 AM AQUA FIT Tara	10:00 AM WATERWORKS 101 Kathleen	10:00 AM AQUA FIT Peggy	10:00 AM WATERWORKS 101 PLUS Tara/Peggy	
11:15 AM Aqua Balance by Design Debbie	12:00 Masters Swim Eric	11:15 AM Poolates Debbie	12:00 Masters Swim Eric	11:30 AM DIGGING DEEP Tara/Peggy	SUNDAY NO CLASSES
	12:30 PM DIGGING DEEP Peggy		12:30 PM DIGGING DEEP Tara		
					Questions or comments? Contact Marianne Grossman Program Director (714) 546-8560 X230 or email FitCat01@aol.com

*= CLASS IS 1.5 HOURS